



[Registration Guide](#) – Morning of Friday 5th September 2025

Here is a guide to registration, including a list of all the items you will receive and their purpose.

Zone 1 – The Larchwood Cabin - Registration Desk (opens from 7am)

- **Team member list check** – we will ask you to check your team members' names are correct
- **If team member change** – you will need to complete the team member change form
- **Name & mobile number check** – this phone must be with you during the race for emergencies

You will then receive your team's map bag containing: -

- **3 shirt numbers** – you **must complete the emergency/medical details** on the reverse then pin it to the front of your shirt with the safety pins provided.
- **3 bike numbers & cable ties** – to be placed on the front of your bikes.
- **Map and Route information**

Zone 2 – Electronic Wrist Band Desk

Here each team member will be fitted with their electronic wrist bands. During the race all 3 team members must pass their wrist band over each electronic check point to collect your **Race Points**.

Zone 3 – Bike Check Area and Transition Box / Kit Area

Zone 3 is located near the Adventure Playground car park. The Kit Box Area is where you will leave your bike during the run at the start of the race and where you can leave any kit you do not require during the run. Your Kit Area will be numbered with your Team Number which you will receive at Registration.

[Bike Hire](#) – your hired mountain bikes

- Collect hire bikes from BlueSky bike hire area, located near the Adventure Playground car park
- The hire bikes do not need to be checked at the Bike Check Zone 3
- Put bike numbers on front of bike with cable ties
- Place bike in your Team Numbered Transition / Kit Box Area & leave anything you don't need for start of the race. You will come back to this area after the first run
- Go up to Stableyard / Marquee for breakfast and plan your race route
- Be in Marquee, race ready at 9am for the **Race Briefing** – all competitors must attend!

[Your own mountain bikes](#)

- Put bike numbers on front of bike with cable ties
- Take your bike to Bike Check, Zone 3
- Place bike in your Team Numbered Transition / Kit Box Area & leave anything you don't need for start of the race. You will come back to this area after the first run
- Go up to Stableyard / Marquee for breakfast and plan your race route
- Be in Marquee, race ready at 9am for the **Race Briefing** – all competitors must attend!